# from Inline Predators...

A Resource Guide from Kristi House





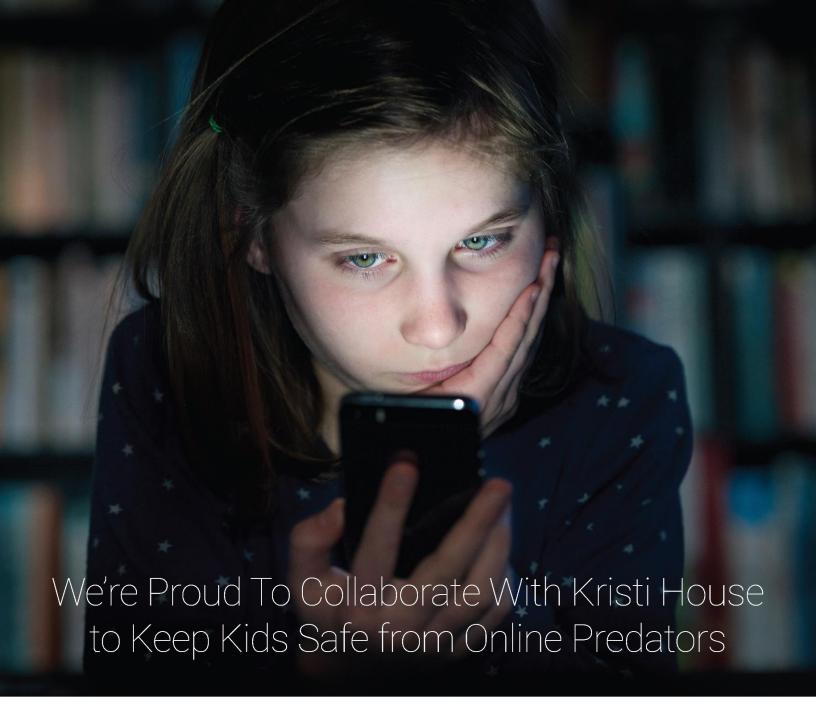
KRISTI

Eradicating child abuse and child sex trafficking through treatment and prevention since 1995.

Presented by:



Nicklaus Children's Hospital



Nicklaus Children's Hospital is renowned for its excellence in pediatric medicine. Our vision of care extends beyond medicine to address child safety concerns. We are proud to collaborate with Kristi House to bring focus to the threat of online predators and protect our children from this danger. Together we will break the silence and strive to make the internet a safer place for children and teens.



Where Your Child Matters Most

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## Special Thanks to Our Panelists



KATHERINE FERNANDEZ RUNDLE State Attorney for Miami-Dade County

Katherine Fernandez Rundle is Miami-Dade County's and Florida's first Cuban-American State Attorney, having been re-elected six times since 1993. She was unopposed during the 2016 election and thus began her seventh term as the County's top law enforcement officer.

She received her Bachelor's Degree from the University of Miami and both her Master's degree in Criminology and law degree from the University of Cambridge Law School in England.

Her passion and interest in public service is in large part due to the inspiration of her father, Dr. Carlos Benito Fernandez, Miami's first Hispanic Judge and a founder of the Cuban American Bar Association, the largest Hispanic legal organization of which she was elected its first female president in 1993.

State Attorney Fernandez Rundle is often considered a prosecutorial innovator for her many ground-breaking accomplishments including Florida's first domestic violence unit, misdemeanor domestic violence court, Dade's nationally recognized "Drug Court" program, protecting the rights of children with her strict child support enforcement program, bringing to the community services and crime prevention assistance via her Community Outreach Division, including her monthly "Second Chance" Sealing and Expungement Program, and her efforts to pioneer the fight against the sex trafficking of our children. Her Human Trafficking Task Force is a cooperative multi-agency law enforcement effort to effectuate the arrest and prosecution of those individuals who prey on our kids while finding ways to save and rehabilitate those victimized kids.



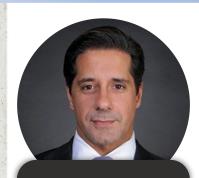
Special Agent, Child Exploitation and Human Trafficking Task Force, FBI

Alex Loff is Special Agent for the Child Exploitation and Human Trafficking Task Force of the FBI.

Special Agent Alex Loff graduated from University of Miami with a degree in Psychology. He has an MBA from University of North Florida, a Masters of Accounting from Florida Atlantic University, and is completing his Masters in Cybersecurity from University of Dallas.

Special Agent Loff started with the FBI in 2018 and has worked in the Miami field office, as a member of the Child Exploitation and Human Trafficking Task Force since then. His focus has been cases involving human trafficking of minors, online enticement, and digital forensics.

## Special Thanks to Our Panelists



ALBERTO CARVALHO
Superintendent of
Miami-Dade County
Public Schools

Mr. Carvalho has served as Superintendent of Miami-Dade County Public Schools (M-DCPS), the nation's fourth largest school system, since September 2008. He is a nationally recognized expert on education transformation, finance, and leadership development. During his tenure, M-DCPS has become one of the nation's highest-performing urban school systems receiving systemwide accreditation from AdvancEd in 2014. The District has also been named as the 2014 College Board Advanced Placement Equity and Excellence District of the Year, as well as the 2012 winner of the Broad Prize for Urban Education. As a staunch believer in school choice, he has expanded choice options in Miami-Dade to over 1,000 offerings that include bilingual programs, fine and performing arts, biotechnology, engineering, robotics, aviation, forensic sciences, and many others.

An instructional leader at heart, Mr. Carvalho is also the proud founder and principal of the award-winning iPreparatory Academy that has become a model of robust 21st century learning in the age of innovation and technology. He is recognized by his peers as a national voice for equity in education. His honors include Florida's 2014 Superintendent of the Year; the 2014 National Superintendent of the Year; the 2016 winner of the Harold W. McGraw Prize in Education; the 2018 National Urban Superintendent of the Year; the 2019 National Association for Bilingual Education (NABE) Superintendent of the Year Award; and recognition by Scholastic Administrator as one of "The Fantastic Five" educators making a difference in America. He serves on the National Assessment Governing Board, to which he was appointed by the U.S. Secretary of Education.

Mr. Carvalho has been awarded many honorary degrees including a Doctor of Public Service by Florida International University; Doctor of Humane Letters by both Barry University and Florida Memorial University; and a Doctor of Pedagogy, Honoris Causa from Nova Southeastern University. He has been honored by the President of Portugal with the "Ordem de Mérito Civil" and by Mexico with the "Othli Award."



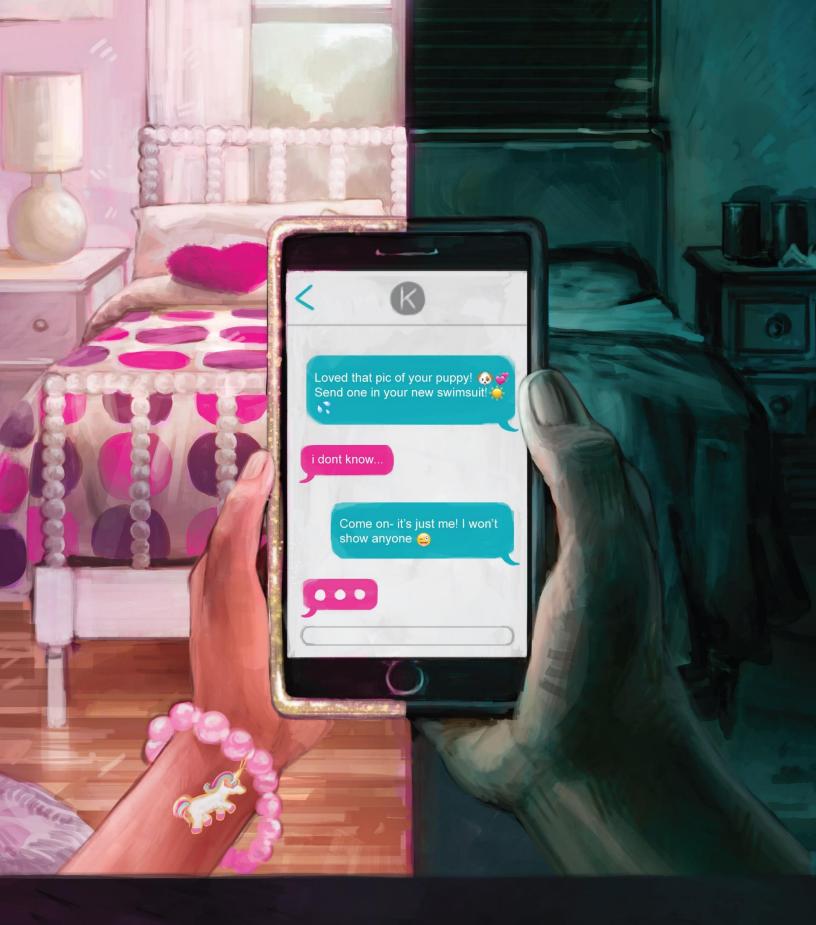
TITANIA JORDAN
Chief Parent Officer
of parental-control
app Bark, co-author
of "Parenting in a
Tech World"

Titania Jordan is the Chief Marketing Officer and Chief Parent Officer of Bark Technologies, an online safety company that helps keep kids safe online and in real life. She is also co-author of the book, Parenting in a Tech World.

A renowned thought leader on digital parenting, Titania has contributed to pieces in the Wall Street Journal, Forbes, Huffington Post, Fox Business, Daily Mail, USA Today, Vogue, and more.

Her first book, Parenting in a Tech World, was published in 2020 and quickly became a bestseller on Amazon. Titania was also featured in the 2020 documentary Childhood 2.0.

Ms. Jordan also frequently appears as a subject matter expert on nationally broadcasted programs such as the TODAY Show, Steve Harvey, The Doctors, CBS This Morning, Good Morning America, Fox News, Sirius XM Radio, and CNBC.



1 IN 5 CHILDREN WHO TOUCH A DIGITAL DEVICE WILL BE SEXUALLY SOLICITED ONLINE.

Learn ways to keep your child safe at LaurensKids.org.



## **Lesources for**Parents & Service Providers

Kristi House has pulled together some leading sources of online safety information for parents and teens in this Resource Guide. This is not a comprehensive compilation—there are many sources of information on this topic. This guide and the sample sources included, however, provide parents and caregivers information to build a foundation of safety for their children and families.

#### National Center for Missing & Exploited Children (NCMEC)

<u>NetSmartz</u> is a leading online safety education program created by the National Center for Missing & Exploited Children, the nation's non-profit clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization. NetSmartz provides age-appropriate videos and activities to help teach children be safer online with the goal of helping them to become more aware of potential online risks and empowering them to help prevent victimization by making safer choices. Kristi House has used the NetSmartz program in schools and community settings teaching children for more than a decade.

#### **Enough is Enough**

<u>Internet Safety 101</u> was created by <u>Enough is Enough</u>, a non-profit organization dedicated to making the internet safer for children and families. Founded more than 25 years ago, this site has a wealth of resources for parents and other adults including interactive resources to teach kids about safe internet use.

#### U.S. Department of Homeland Security - U.S. Computer Emergency Readiness Team

<u>Keeping Children Safe Online</u>: This brief provides discussion about child safety online as well as preventing risks to parents' data that children might inadvertently introduce. <u>Staying Safe on Social Networking Sites</u>: This primer on social networks and sharing personal information covers the basics about online risks in a one-pager. It offers practical do's and don'ts when engaging online.

#### **Department of Homeland Security - IGuardians**

ICE's Homeland Security Investigations (HSI) is committed to combating the sexual exploitation of children, including education and community awareness regarding the dangers of online activity. <u>IGuardians</u> provides children, teens, parents and teachers with information regarding the potential dangers of online environments and how to stay safe online. They endorse NetSmartz as well.

#### Thorn, Child Sexual Development and Technology

<u>Thorn</u> is a resource that addresses the whole new landscape we find ourselves in where children's normal sexual exploration, and technology overlap. Information on this site gives parents and caregivers tools so they can help children navigate the landscape safely. How to start conversations, knowing what to expect as children develop, along with visual guides, resources, and tips from experts are offered.

#### **Be Socially Smart Guide for Parents**

#### Top Apps Teens are Using Right Now

From Snapchat to Instagram, teens and tweens have access to hundreds of different social applications. The Be Socially Smart folks have taken the top apps and provided a summary of each app, what's good about them, what's bad and some tips to help parents navigate them with their children.

#### Safety Pledge Website

Developed with funding support from the Office of Juvenile Justice and Delinquency Prevention, the National Center for Missing and Exploited Children (NCMEC) <u>Safety Pledge website</u> provides free resources to help parents, educators, and caregivers learn more about the risks that children face online and how to respond safely. NCMEC partnered with the White House and Department of Justice on this campaign to combat online child exploitation.

## Child Safety Online and Offline

#### Darkness 2 Light

Offering evidence-based trainer resources, Darkness 2 Light provides online safety information and tips <u>at this link</u>. Darkness 2 Light is the creator of the Stewards of Children curriculum which emphasizes adults' role in keeping children safe from sexual abuse through creation of prevention-oriented communities. Kristi House educators are certified facilitators of the Stewards curriculum, regularly presenting it for community groups and through general audience programs throughout the year.

#### **RAINN**

How to Filter, Block, and Report Harmful Content on Social Media

RAINN is one of the nation's largest anti-sexual violence groups. Along with a wealth of information about the broad topic of sexual violence, their site also offers tips for deploying social media privacy and safety tools to filter, report, and block harmful content or users on specific social media platforms.

#### **Shared Hope International and Youth Ending Slavery**

Social Media Safety 101: Recognizing and Fighting Online Sex Trafficking

Shared Hope International is a national leader in the sex trafficking field, dedicated to preventing, restoring and bringing justice to child and youth victims of sex trafficking. Shared Hope International and Youth Ending Slavery teamed up to develop this resource to combat trafficking online.

### **Downloadable Tips**English/Spanish

**Lesources for Teens** 

These "Tip Sheets" from NetSmartz are easy-to-follow guides to help parents with key child online safety concerns. Each is a one- or two-page PDF.

#### **Gaming Safety Tip Sheet**

Jugar Videojuegos de Forma Segura

Internet Safety at Home Tip Sheet
Seguridad en Internet a Casa

<u>Parent's Guide to Smart Phone Safety Tip Sheet</u> Guíapara Padres Acercadel Usoseguro de Smart Phones

<u>Talking to Teens about Sexting Tip Sheet</u>
Hablando Con Los Adolescentes Acerca del Sexting

<u>Sextortion: What Parents Should Know Tip Sheet</u> <u>Sextorsión: Lo que los padres deben saber</u>

<u>How Do You Use Your NetSmartz? Tip Sheet</u> Tienes NetSmartz? **Social Media Safety Tip Sheet for Teens** 

How Do You Use Your NetSmartz? Tips for Teens

**Heads Up: Stop. Think. Connect.** 

From the Federal Trade Commission, this easy-to-read guidebook covers all the pertinent safety topics for protecting oneself against cyberbullying, identity theft and exploitation online.

## **Monitoring Apps for Parents**

Parental control apps can monitor, restrict, and manage what kids are doing on their digital devices. As <u>Very Well Family</u> explains, they all offer something slightly different and vary according to the age(s) of the children, whether they drive, etc. While apps aren't always 100% foolproof, they are an important tool that can help parents learn more about what their kids are doing online. Very Well Family evaluated apps to help parents make choices, and named the top five for 2021.

Kristi House was pleased to feature a top ranked choice, Bark, as represented by panelist Titania Jordan, Chief Parent Officer at Bark and co-author of the book, "Parenting in a Tech World."

#### **Bark**

bark.us

Bark is a dashboard that proactively monitors text messages, YouTube, emails, and 30+ different social networks for potential safety concerns. Bark makes it possible for busy parents to save time and gain peace of mind. Bark was ranked in the top five and best for overall monitoring in 2021 by Very Well Family. Bark is award-winning, and offers free trials.



## **Peporting Abuse**

#### **Cyber Tipline**

missingkids.com/gethelpnow/cybertipline

Hotline: 1 (800) 843 – 5678

Cyber Tipline is the nation's centralized reporting system for the online exploitation of children. In operation since 1998 by NCMEC, the Cyber Tipline is a place where the public and electronic service providers can report suspected online and offline child sexual exploitation.

#### Florida Abuse Hotline

reportabuse.dcf.state.fl.us

The Florida Abuse Hotline accepts reports 24 hours a day and 7 days a week of known or suspected child abuse, neglect, or abandonment and reports of known or suspected abuse, neglect, or exploitation of a vulnerable adult. Online or by phone 1-800-962-2873.





Bradesco BAC Florida Bank stands with Kristi House in the fight against the abuse and trafficking of children.



## **Other Important Hotlines**

#### **National Human Trafficking Hotline**

humantraffickinghotline.org
Hotline: 1-888-373-7888

**Text:** 233733

The National Human Trafficking Hotline is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year in more than 200 languages.

#### **National Domestic Violence Hotline**

thehotline.org

Hotline: 1 (800) 799-7233

The National Domestic Violence Hotline (The Hotline) is available for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Available 24 hours a day, 7 days a week via phone and online chat.

#### Love is Respect - National Teen Dating Abuse Hotline

loveisrespect.org

Hotline: 1 (866) 331-9474

**Text:** 22522

Love is Respect offers information, support, and advocacy to young people who have questions or concerns about their dating relationships. Available 24 hours a day, 7 days a week via phone, text, and online chat.

### Rape, Abuse, and Incest National Network (RAINN) – National Sexual Assault Hotline

rainn.org

Hotline: 1 (800) 656-4673

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice. Available 24 hours a day, 7 days a week via phone and online chat.

#### Department of Defense (DOD) Safe Helpline for Sexual Assault

safehelpline.org

Hotline: 1 (877) 995 - 5247

The DOD Safe Helpline is a crisis support service designed to provide sexual assault services for survivors, their loved ones, and other members of the DOD community. Available 24 hours a day, 7 days a week via phone and online chat.

#### **National Runaway Safeline**

1800runaway.org

Hotline: 1 (800) 786 – 2929 Email: info@1800runaway.org

The National Runaway Safeline provides crisis and support services for homeless and runaway youth in the United States. Available 24 hours a day, 7 days a week via phone, email, forum, and online chat.

#### National Center for Missing and Exploited Children (NCMEC)

missingkids.com

Hotline: 1 (800) 843 - 5678

NCMEC serves as a clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization.

#### **ChildHelp National Child Abuse Hotline**

childhelp.org

Hotline: 1 (800) 422 - 4453

The ChildHelp National Child Abuse Hotline is dedicated to the prevention of child abuse. Serving the U.S. and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential. Available 24 hours a day, 7 days a week via phone and text.



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## **Signs and Symptoms** of Sexual Abuse

There is not one symptom or set of symptoms that would clearly indicate that a child has been sexually abused. This list is only to be used as a guideline. Therefore, it is important to watch for any changes (increases or decreases) in your child's behavior. When concerning behaviors last over days or weeks, occurs frequently, or with intensity, it is important to seek out a professional with expertise in the area of child sexual abuse for a thorough evaluation.

#### **Expected or Natural Behaviors**

- Asks about the genitals, breasts, intercourse, and babies
- · Plays doctor, inspecting others' bodies
- Boys and girls are interested in having/birthing a baby
- Show others his/her genitals
- Touches/rubs own genitals when going to sleep, when tense, excited or afraid
- · Plays house, may simulate all roles of mommy and daddy
- Talks about sex with friends; talks about having a girl/boy friend
- · Wants privacy when in bathroom changing clothes
- Likes to hear or tell "dirty" jokes
- · Looks at nude pictures

#### **Concerning Sexual Behaviors**

- · Endless questions about sex; sexual knowledge too great for age
- Forces child to play doctor, to take off clothes
- Displays fear or anger about babies or intercourse
- · Refuses to put on clothes; exposes self in public after being corrected for behavior
- Touches/rubs self in public or in private to the exclusion of normal childhood activities
- · Imitates intercourse with another child
- · Forces sex on other child
- · Talks about sex and sexual acts a lot
- · Repeatedly in trouble in regard to sexual behavior
- Aggressive or tearful demands for privacy
- Still tells "dirty" jokes even after being corrected for behavior
- Continuous fascination with nude pictures

#### **Additional Potential Signs of Abuse**

- Dramatic changes in sleep patterns or behavior
- Running away
- Change in hygiene, weight gain/loss
- Cutting, burning, or causing pain to themselves
- · Frequent urinary tract infections
- Fear or resistance to a particular person or setting
- · Attempt or talk of suicide
- · Loss of interest in activities the child once enjoyed
- Use of drugs or alcohol

Some child victims never show outward symptoms of trauma so it is essential that you have good communication with your child.

Talk to your child about what to do if they feel uncomfortable with an adult or adolescent and take care not to leave your child alone in one-child-one-adult situations.

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## Signs of Human Trafficking

- Physical and sexual violence are the everyday reality of many sexually exploited children and may leave visible signs of abuse, such as unexplained bruises, black eyes, cuts, or marks.
- Exhibits fear, anxiety, depression, submission, tension, nervousness, "hyper-vigilance" and/or paranoid behavior.
- Poor hygiene, weight changes, malnourishment or fatigue.
- Sexually exploited children and youth often express interest in, or are in relationships with, adults, older men or older women
- Evidence of controlling or dominating relationships, including repeated phone calls from a "boyfriend" or "girlfriend" and/or excessive concern about displeasing partner.
- Unexplained shopping trips or possession of expensive clothing, jewelry, or a cell phone could indicate the manipulation of an exploiter.
- · Not in control of their own money.
- Use of lingo or slang from "the life" among peers, or referring to a boyfriend as "Daddy."
- Secrecy about whereabouts.
- Unaccounted for time, vagueness concerning whereabouts, and/or defensiveness in response to questions or concern.
- Keeping late-night or unusual hours.
- A tattoo that he or she is reluctant to explain may be the result of tattooing or branding by a pimp.
   Pimps and other sexual exploiters often tattoo or brand children and youth, particularly girls. Youth are commonly branded with their exploiter's name tattooed on the neck, chest, or arms.
- Wearing sexually provocative clothing can be an indicator of sexual exploitation. But it should be noted, so as not to rely on stereotypes, that not all children in the commercial sex industry wear such clothing. Sexually provocative clothing is not a warning sign in and of itself. Wearing new clothes of any style, or getting hair or nails done with no financial means to this independently, is a more general indicator of potential sexual exploitation.
- Most sexually exploited children have been trained to lie about their age. Sometimes a child's appearance and/or actions can contradict the information they give. Be sensitive to clues in behavior or appearance that could indicate that a child is underage.

- Personal information such as age, name, and/or date of birth – might change with each telling of his or her story, or the information given might contradict itself.
- Has no identification or is not in control of own ID documents.
- Has an explicitly sexual online profile via internet community sites, such as Instagram, Kik, Snapchat, TikTok, WhatsApp, Tumblr, Facebook, House Party, Twitter, OnlyFans
- Excessive frequenting of internet chat rooms or classified sites.
- Depicts elements of sexual exploitation or the commercial sex industry in drawing, poetry, or other modes of creative expression. Prints lyrics to sexually explicit music or songs that allude to the sex industry.
- Doctors and nurses can consider frequent or multiple sexually transmitted diseases (STDs) or pregnancies a warning sign.
- Homeless or runaway youth who are in the
  position of surviving on their own may be forced to
  exchange sex for survival needs, such as housing or
  shelter. This can lead to recruitment into the
  commercial sex industry or a more organized or
  regular trading of sex for money, shelter, or things
  of value.
- Youth living in group homes and youth shelters are targeted by exploiters for sexual exploitation.
- Truancy or tardiness from school may be a sign that sexual exploitation is occurring during school hours, or during hours when the young person should otherwise be sleeping.
- Family dysfunction including: abuse in the home (emotional, sexual, physical, etc.), neglect, absence of a caregiver, or substance abuse – is a major risk factor for CSEC, and therefore may be a warning sign.

If you have information regarding suspected Human Trafficking contact the Abuse Hotline of the Florida Department of Children and Families by calling 1.800.96ABUSE or reporting online, ReportAbuse@dcf.state.fl.us.

## Tips for Talking with Your Kids If You Suspect Abuse

- Find a guiet, non-isolated place to talk.
- Drop to the child's eye level, or sit next to the child.
- Remain calm, be patient, and try not to rush the child.
- Ask the child about the signs in a simple, openended style. "I'm worried about you. You seem really afraid and sad." Or, "Is anything bothering you?"
- Listen to the response. Repeat what the child said with a question inflection. "Your uncle touched your privates?"
- Let the child use their own words and repeat their words exactly again, followed by, "Is there anything else?"
- Reassure the child that he or she has done nothing wrong and say, "I care about you. I believe you."
- Tell the child, "This took a lot of courage. I'm proud of you for telling me."

- Refrain from behaviors that will frighten the child, put him or her on the defensive, or cause him or her to relive the abusive events.
- Don't ask questions that begin with "W" like who, where, when, or why.
- Don't overreact or make negative statements about the abuser.
- Don't make judgments or conclusions about the child or abuser.
- Don't interrogate, investigate, or delve deeply into the events.
- Don't ask leading questions or make suggestions about what happened. For example, ask, "How did you get hurt?" rather than "Did someone do that to you?"
- Don't make promises that the information will be kept confidential.
- Don't make any broad promises about the future.

## 5 Steps to Protecting Children™

These guidelines provide simple and practical actions you can take to prevent, recognize, and react responsibly to child sexual abuse.

#### Step 1: Learn the Facts

The facts about child sexual abuse can be staggering, but they can help us understand the risks children face.

#### **Step 2: Minimize Opportunity**

If you eliminate opportunities for children to be in isolated, one-on-one situations, you can dramatically reduce the risk of abuse.

#### Step 3: Talk About It

Children often keep abuse a secret, but talking openly about our bodies, sex, and boundaries can encourage children to share.

#### Step 4: Recognize the Signs

Don't expect obvious signs when a child is being abused. Signs are often there, but you have to know what to look for.

#### Step 5: React Responsibly

Be prepared to react responsibly if a child discloses to you, or if you suspect or see that boundaries have been violated.





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#### Main

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#### **Miami Gardens**

18425 NW 2 Avenue, PH9 Miami Gardens 33169

#### **Palmetto Bay**

15321 South Dixie Highway, #213 Palmetto Bay 33157

#### Naranja

Naranja Community Center 13955 SW 264 Street Naranja 33032

#### Homestead

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#### **Project GOLD Drop-In Centers**

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