

Why Invest in Kristi House?



*From Surviving to Thriving –
Expanding Services & Healing Children*

Kristi House: The Children's
Advocacy Center serving
Miami-Dade County



1 in 10 children will be sexually abused before their 18th birthday.

In seconds, their childhoods are shattered, their innocence stolen forever. If left untreated, the effects haunt them for years, increasing the likelihood of drug and alcohol dependency, eating disorders, teen pregnancy, delinquency, violent crime and debilitating fear. While there are approximately 40 million survivors of sexual abuse in America today, sexual abuse is a crime that goes largely undetected.

Kristi House provides vital services to victims of sexual abuse and other childhood trauma through advocacy, therapy and prevention education.

By the Numbers:

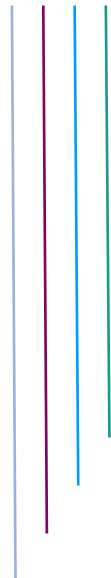
- 157,000 People Trained
- 26,290 Child Victims Treated
- 95% Decreased Trauma Symptoms
- 28 years serving the community



We were devastated when we learned what had happened to our daughter. She was a changed person...withdrawn, anxious, depressed. I don't know what we would have done if we hadn't been sent to Kristi House. The Therapist and the Family Advocate changed our world. They made it possible to get past those terrible days.



-Mother of 14-year-old client



Kristi House's Mission

Kristi House is dedicated to treating and preventing child sexual abuse, trafficking and other childhood trauma, working closely with community partners, parents and providers.

Kristi House's work involves 3 major pillars: advocacy, therapy for victims, and prevention education to turn the tide on sexual abuse.

3 Pillars:

● **ADVOCACY** - Working closely with our multidisciplinary partners, schools, public officials and other service providers enables a seamless process for children and families overcoming crises and trauma.

● **THERAPY** - Evidence-based interventions, proven effective for child trauma, provide vital support for victims to ensure long-term recovery.

● **PREVENTION EDUCATION** - We are equally devoted to educating children, parents, school districts, and communities on how to keep kids safe.

Kristi House's Unique Role

Operating the nationally accredited Children's Advocacy Center responsible for all of Miami-Dade County, Kristi House is the only facility dedicated to a mission of system coordination to ensure that all emotional, physical and legal needs for child sexual abuse and teen sexual assault victims are provided. Every week partner-agencies — including medical staff, guardians, social service investigators, police, prosecutors, therapists and case workers — meet to discuss individual cases to make certain that no child falls through the gaps in our complex systems of care and justice.

In addition to coordinating the Kristi House Children's Advocacy Center Multidisciplinary Team, we provide the specialists to help the child and family heal. Our direct services staff includes engagement specialists, care coordinators, whom we call Family Advocates, and master level and licensed Therapists trained in the most effective interventions for recovery.

ADVOCACY

The legal system can be difficult to navigate, and gaining access to supportive agencies and therapy can also be complicated.

Kristi House Family Advocates work directly with families to facilitate these processes. Advocates determine the needs of children and families, make referrals for needed services, assist families in accessing those services, and assist in the coordination of services with agencies in the Center and community.

Kristi House provides a vital support system to victims, encouraging them to pursue all avenues of treatment and all legal means to stop the abuse and ensure long-term recovery.

Multidisciplinary Team – Kristi House Family Advocates and Therapists work closely with our Center's Multidisciplinary Team to ensure all legal, medical, emotional and concrete needs are met. Family Advocates facilitate families' work with law enforcement agencies and/or the State Attorney's Office when a criminal case is possible. They educate children and families about the investigative and prosecutorial processes and prepare them for their time in court.

Coming together for more than two decades and following the highest national standards for Children's Advocacy Centers, Kristi House's partners include:

- **State Attorney's Office**
- **University of Miami Child Protection Team**
- **Roxcy Bolton Rape Treatment Center**
- **Department of Children and Families**
- **Guardian ad Litem**
- **Miami-Dade Police**
- **City of Miami Police**



Kristi House works closely with law enforcement to help ensure perpetrators are held accountable.

Advocacy Goals

Kristi House Family Advocates are striving to continue to provide wraparound support for child-victims and their families. This unit's overall goal, as measured by client satisfaction surveys, is that all children and families report that their unique cultural and individual needs were addressed, and that they received:

- **All necessary free services applicable to their particular situations.**
- **Access to treatment that is individually tailored to the specific clinical needs of the child and family.**
- **Victim advocacy and court preparation support.**
- **System coordination linking legal, medical, emotional and social service supports.**



The community often steps in to help families with their basic needs so parents can focus on helping their child overcome the abuse trauma.



THERAPY

The Kristi House Therapy team provides crisis intervention; individual therapy for children, youth and their parents; play therapy for non-verbal children; psycho-educational groups for parents and caregivers; family therapy; and group therapy. Kristi House therapists primarily use Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), the quintessential best practice intervention supported by three decades of empirical evidence for effectiveness in treating child and youth trauma.

Therapy services are provided at the Kristi House main facility, in several satellite office locations closer to client neighborhoods, and remotely via secure telehealth platforms. Tele-therapy has proven to be equally effective for resolving trauma as in-person services for most children and youth.

In severe cases when psychiatric services are needed, Kristi House's partnership with Nicklaus Children's Hospital provides doctors who conduct psychiatric evaluations and medication management. During intake or at any point throughout the course of treatment, a therapist may refer a child victim for an evaluation by a psychiatrist who devotes one day a week at Kristi House.

Kristi House's focus in its therapy program is on helping victims resolve the trauma so that it does not forever define their lives. At the same time we are working to thwart the damaging consequences wrought by untreated child sexual abuse for both the victim and the surrounding family and community. Kristi House is dedicated to breaking the cycle of violence.



Therapy Goals

Kristi House's Strategic Plan articulates the continued expansion and enhancement of our Therapy program as a top priority. We have devised a three-pronged approach that we invite community partners to support:

More Therapists - More cases than ever before are being referred to Kristi House. We believe this is from a combination of growing awareness of child sexual abuse and as a result of the changed landscape of the past several years. The disruption in kids' learning, relationships and routines wrought by the pandemic has caused a spike in mental health needs, including trauma.

We are seeking to add more therapists to our team of 21. In the past two years we have taken steps to increase pay levels and offer flexible schedule options. We continue to devote considerable resources to our therapists' training and professional development, recently securing a five-year federal grant to build capacity among our clinicians to address all types of child trauma.

More Support to Therapists - Bloated lists of care and treating children who have endured horrific trauma on an ongoing basis are known to lead to secondary (or vicarious) trauma, and faster burnout among therapists. We are also seeing more children who need higher levels of care, including twice-weekly sessions and in more cases, psychiatric services.

Kristi House is making support for therapists a priority. We have brought in and seek to continue national programs to help therapists cope with secondary trauma as a result of the work they do. We welcome community partners who offer support for therapists through this initiative as well as contribute to their self-care in other creative, sometimes small but significant ways.

More Support to Families - Parents and caregivers are often dealing with multiple socio-economic stressors that become obstacles to getting the help their child needs to ensure their lives are not forever defined by abuse. Missed sessions delay healing, and increase the chances of dropout before all trauma issues are resolved.

The community often steps up here to provide that vital support: funds to make a missed rent payment or catch up on an overdue utility bill; donations of goods to fill the client emergency pantry; and collection drives to provide personal care products, baby supplies and other basic goods. This support is often critical to forge the bridge between crisis and treatment, enabling parents and caregivers to focus on their child's healing.

PREVENTION EDUCATION

With national studies finding that 1 in 10 children are sexually abused by the age of 18, and 1 out of 2 children suffer some type of trauma during their childhood, Kristi House remains dedicated to child abuse prevention through training and education.

The Kristi House Prevention Education and Training team delivers best practice programs for schools, community groups, corporations and faith-based organizations, with different courses specifically geared for children, teens, parents and providers. Some courses qualify for Continuing Education credits for certain professions.

Annually, the Education team logs 13,000-14,500 course participants. Pre/post knowledge surveys are administered and tracked to ensure learning objectives are fulfilled. In 2022-23, an average of 91% of course participants showed improvement on pre to post surveys.



PROGRAMS FOR ADULTS

Stewards of Children®	Child Safety Matters™
Commercial Sexual Exploitation of Children (CSEC 101)	Teen Safety Matters™
Project HeadSTRONG: Mental Health	Internet Safety
Hurricanes: Supporting Families through Trauma	How Mass Violence Impacts Youth
Children with Problematic Sexual Behavior	NetSmartz™ Online Safety
What Every Adult Needs to Know	Stay Safe – Teen Dating
Children and Traumatic Stress	“The 10 Signs” and “Amor de Bueno”
Escalation – The Story of an Abusive Relationship®	Commercial Sexual Exploitation Safety for Teens
Strategies for Identifying & Assisting Male & LGBTQ Victims of Sex Trafficking	Not a #Number™ Sex Trafficking Prevention program

Prevention Education Goals

Our vision for prevention education is to be in all schools and in front of all community groups serving kids. That's a lofty image, however, we believe we can continue to grow this area with the increasing community consciousness of the issue and awareness of the importance of prevention education. Specific strategies for the year ahead include:

- **Expand the number of educators on Kristi House staff by one full-time position a year.**
- **Provide technical support and expertise around human trafficking, abuse and prevention through courses, outreach and creation of a toolkit for replication by other programs.**
- **Activate our board of directors, executive team and volunteers to conduct one-on-one outreach to their communities of influence to share the importance of education.**



CHILD SEX TRAFFICKING

Kristi House's Project GOLD provides outreach and services to children exploited in sex trafficking to help them recover from dangerous lives at the hands of traffickers and predators.

Kristi House brought the legal and provider community together around domestic child sex trafficking in 2007, and has been a leader nationally on the issue since that time. We authored the state's Safe Harbor Act, which became law in 2013 and forever changed the way the state views children commercially sexually exploited – as victims rather than criminals. Project GOLD began the first Drop-In Center in Florida and continues operating the only one in South Florida offering safe space and individualized wraparound services exclusively for youth who identify as female who have experienced or are at risk of commercial sexual exploitation.



Project GOLD uses a strengths-based, survivor-led approach to provide health, social and legal services linkages, mental health support, educational enrichment and jobs training to sexually exploited girls. Project GOLD encourages girls to actively engage in services and participate in a wide array of group programs offered. Project GOLD specialists help girls to identify, progress and meet their individualized goals, providing support and incentives for educational and employment achievements.

Since its inception, Project GOLD was shaped and directed by survivor input, reflected in the program name created by founding clients: Project GOLD = Girls Owning their Lives and Dreams. Project GOLD has evolved to be survivor-led and uses a multi-tiered mentorship approach for service delivery

Project GOLD encourages referrals from public and private agencies, members of the Human Trafficking Multidisciplinary Team, caregivers and others.



We invite you to partner with Kristi House.

As an individual or corporate philanthropic partner, not only is your financial support a direct benefit to the families we serve, your involvement itself is of incalculable value.

Your participation demonstrates you stand with Kristi House against abuse and exploitation. Your partnership aligns you with other concerned community leaders and corporate citizens who recognize we must work together to overcome the uncomfortable, challenging reality of sexual abuse, assault and exploitation that are all too prevalent in our society.

We want to recognize your support.

Your supportive participation encourages others to follow suit. We have developed the table below to highlight recognition benefits for donors. Or if you prefer, a plan can be tailored to your individualized goals or to help underpin the Kristi House pillar you wish to support.

PHILANTHROPIC PARTNERS

	GUARDIAN PARTNER	AFFILIATE PARTNER	BRONZE PARTNER	SILVER PARTNER	GOLD PARTNER	PLATINUM PARTNER
ANNUAL CONTRIBUTION LEVELS & BENEFITS	(\$1,000 – \$9,999)	(\$10,000 - \$24,999)	(\$25,000 - \$49,999)	(\$50,000 - \$99,999)	(\$100,000 - \$249,999)	(\$250,000 and higher)
Educational program(s) for fellow parents/friends/employees	♥	♥	♥	♥	♥	♥
Name or logo displayed in Main Lobby (Launching in 2024)	Name Listing	Name Listing	♥	♥	♥	♥
Name or logo recognition in Annual Impact Report	Name Listing	Name Listing	♥	♥	♥	♥
Name or logo recognition on Kristi House website		Name Listing	♥	♥	Logo & Click-Through	Logo & Click-Through
Name or logo displayed at major fundraising & recognition events			Name Listing	♥	♥	♥
Name or logo recognition in program materials (promotions, presentations)			♥	♥	♥	♥
Commemorative Philanthropic Partners Award		Plaque 4 x 6	Plaque 5 x 7	Plaque 8.5 x 11	Plaque 11 x 14	Crystal Award
Social media blog posts etc.		♥	♥	♥	♥	♥
Product co-branding opportunities (for year of donation)				♥	♥	♥
Seats or Table at Kristi House Annual Gala		2 Seats	4 Seats	6 Seats	1 Table	2 Tables



KRISTI



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