

With major support from **THE FREDERICK A. DELUCA FOUNDATION** 

## Kristi House Prevention Education Best Practice Trainings

### 2024 Calendar

JANUARY – JUNE



Continuing Education (CE) credits are now being offered!

#### What Every Adult Needs to Know (CEs)

Designed for parents and adults who would like to be better equipped to prevent child sexual abuse, this class covers signs and symptoms, provides an understanding of the dynamics of sexual abuse—particularly the manipulative behavior of perpetrators and offers techniques to support open communication with children to prevent victimization.

#### Children with Problematic Sexual Behavior (CEs)

Both boys and girls might display sexual behavior problems without sexual abuse victimization being the underlying cause. Learn how to recognize sexual behavior problems versus normal sexual development and how to respond.

#### Commercial Sexual Exploitation of Children (CEs)

This workshop provides a basic overview of commercial sexual exploitation of children (CSEC), the extent of the problem, and the impact this type of trauma has on children. Also learn tips for identifying and engaging victims of child sex trafficking, and discussion of services needed for healing and reintegration into mainstream society. This is a Florida DCF-approved training for those working with trafficking victims.

#### Children and Traumatic Stress (CEs)

Social workers, teachers, counselors, and others who work with children are invited to participate in this informative program to gain an understanding of traumatic events and their impact on a child's behavior, demeanor, and long-term well-being.

Attendees are provided an electronic certificate upon completion of a pre- and post-survey.

#### How Mass Violence Impacts Youth

Learn what experts recommend on how to best respond and how to support youth during the aftermath of mass violence, specifically gun violence. This class will provide tools to recognize and respond to mass violence situations, learn about prevention, and understand how community resilience plays a major role in healing trauma.

#### Suicide Prevention: Question, Persuade, Refer (QPR)

This workshop is designed to empower individuals as gatekeepers in suicide prevention. The primary goal of the workshop was to provide participants with practical skills and knowledge to identify signs of suicidal ideation, engage with individuals at risk, and connect them to appropriate resources.

#### Stewards of Children® (CEs)

from Darkness to Light

Learn how to prevent, recognize, and react responsibly to child sexual abuse. This nationally recognized, best practice program uses videos, workbook activities and discussion to engage and educate about child sexual abuse and how to keep children safe. Adults learn that child sexual abuse knows no socioeconomic, cultural, or racial boundaries.

#### **Healthy and Unhealthy Relationships**

from One Love Foundation

Learn how to empower young people with the tools and resources they need to see the signs of healthy and unhealthy relationships; empower youth to identify and avoid abuse and to practice healthy love. Multiple courses available including: **Amor Del Bueno, The 10 Signs, Escalation** and more.

Kristi House Education Best Practice Trainings are all **FREE**! Learn more and register online:

### **KRISTIHOUSE.ORG/EDUCATION**

# KRISTI HOUSE PREVENTION EDUCATION: JANUARY – JUNE 2024 CALENDAR OF TRAININGS

### Live Webinars:

<b>January 19</b>	What Every Adult Needs to Know	
Fri., 10 am – 12 pm	( <u>Register</u> ) CEs	
<b>January 23</b> Tues., 12 pm – 3 pm	Commercial Sexual Exploitation of Children (CSEC 101) ( <u>Register</u> ) CEs	
<b>January 25</b>	<b>NetSmartz Online Safety</b>	
Thurs., 6 – 7 pm	( <u>Register</u> )	
<b>January 31</b>	4 <sup>th</sup> Annual Human Trafficking	
Wed., 9:30 am – 2 pm	Symposium ( <u>Register</u> )	
<b>February 15</b>	Children and Traumatic Stress	
Thurs., 10 am – 12 pm	( <u>Register</u> ) CEs	
<b>March 12</b> Tues., 12 – 2 pm	How Mass Violence Impacts Youth (Register)	
<b>March 14</b>	Children with Problematic Sexual	
Thurs., 10 am – 12 pm	Behavior ( <u>Register</u> ) <mark>CEs</mark>	
<b>March 26</b>	The 10 Signs - Healthy and	
Tues., 2 – 4 pm	Unhealthy Relationships ( <u>Register)</u>	
Tues., 2 – 4 pm	Unhealthy Relationships ( <u>Register</u> )	
April 16	Stewards of Children	
Tues., 2 – 4 pm	Unhealthy Relationships ( <u>Register</u> )	
<b>April 16</b>	Stewards of Children	
Tues., 12 pm – 2 pm	( <u>Register</u> ) <b>CEs</b>	
<b>April 25</b>	Amor del Bueno - Healthy and	
Tues., 2 – 4 pm   April 16   Tues., 12 pm – 2 pm   April 25   Thurs., 10 am – 12 pm   May 14	Unhealthy Relationships (Register)Stewards of Children (Register) CEsAmor del Bueno - Healthy and Unhealthy Relationships (Register)Wellness & Well-Being	
Tues., 2 – 4 pm   April 16   Tues., 12 pm – 2 pm   April 25   Thurs., 10 am – 12 pm   May 14   Tues., 2 – 4 pm   May 23	Unhealthy Relationships (Register)Stewards of Children (Register) CEsAmor del Bueno - Healthy and Unhealthy Relationships (Register)Wellness & Well-Being (Register)Commercial Sexual Exploitation of	

### In Person Trainings:

<b>February 13</b> Tues., 2 – 4 pm	Suicide Prevention Workshop ( <u>Register</u> ) Kristi House: 1265 NW 12 Ave, Miami 33136
<b>February 27</b> Tues., 2 – 4 pm	Escalation – Healthy and Unhealthy Relationships ( <u>Register</u> ) <i>Kristi House:</i> 1265 NW 12 Ave, Miami 33136
<b>April 4</b> Thurs., <i>Various Times</i>	Kristi Conversations – What Every Adult Needs to Know Local Miami-Dade County Libraries
<b>June 6</b> Thurs., <i>Various Times</i>	Kristi Conversations – What Every Adult Needs to Know Local Miami-Dade County Libraries



For the most updated schedule and info: kristihouse.org/education

We would be happy to train your staff or agency for groups of 10 or more, in-person or virtually. Trainings available in Spanish or Creole upon request. Complete this <u>Training Inquiry Form</u>.

> For more information: Toshiba Mitchell, Ed.D. Director of Prevention Education <u>TMitchell@kristihouse.org</u> (786) 744-6598

on of ) <mark>CEs</mark>	Head STRONG	Depression February 2024
gister)	Mental Wellbeing Programs Mondays @ 12 pm via Zoom kristihouse.org/HeadSTRONG	Anger May 2024

# KRISTI HOUSE

#### Kristi House now offers Continuing Education (CE) credits for select trainings as noted.

Attendees can register for FREE (certificate provided upon completion of pre- and post- survey) or for CEs for a \$30 fee per course. Kristi House is accredited by the Florida Department of Health, Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling.